

# The Wellington News

AUGUST  
2019

## Summerfest & Open House

August 24th • 1-4pm

Enjoy a Cookout with  
Great Food and Refreshments  
Bouncy House • Face Painting  
Silent Auction • Other Surprises

Come see all the new changes and upgrades to our building. We've been working hard to make Wellington Place at Fort Atkinson your place for assisted living!



## Wellington Place at Fort Atkinson

200 South Water Street W  
Fort Atkinson, WI 53538  
920.563.6959

Amy Phillips, Administrator

 Like Us On Facebook

As a non-profit 501c3 community, we thank you for supporting our mission of service to seniors through tax-deductible donations of cash or useful items.

Please call our office.



**WISCONSIN  
ILLINOIS**  
SENIOR HOUSING INC.

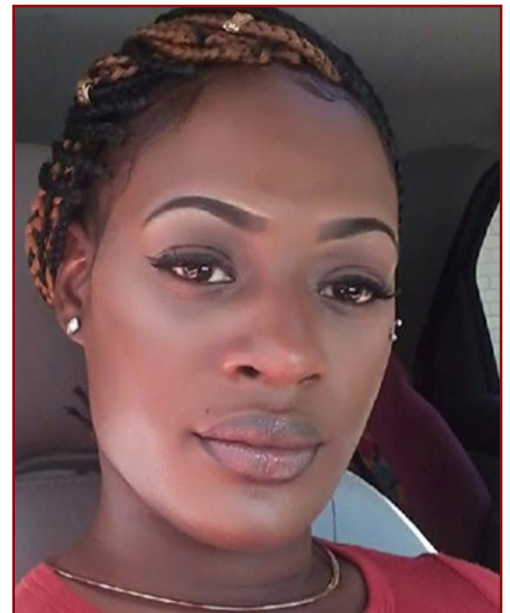
[WellingtonPlaceFortAtkinson.org](http://WellingtonPlaceFortAtkinson.org)

WE ACCEPT CREDIT CARDS

*Assisted Living • Home Health & Rehab Therapy • Respite Care*

## Anniversaries

Congratulations to Resident Assistant **Carmen** for three years of service in July. She's a wonderful care giver to our residents. In August, we celebrate with our Care Coordinator, **Alicia**, who's also been at Place for three years. Thank you both for your years of service and dedication to Place and our residents.



## Join Our Team

Is it time for a new career for you? We're hiring Resident Assts/Caregivers for evenings & NOC shifts to join our team.

Rewarding work environment, flexible schedules, benefits, PTO, tuition reimbursement available. All this while making a wonderful difference in the lives of others! No experience necessary and paid training is provided. Must be 18 years or older.

**DONATE SAFELY AND EASILY ONLINE:**

**[WellingtonPlaceFortAtkinson.org/Donate](http://WellingtonPlaceFortAtkinson.org/Donate)**



## Happy Birthday

*Residents*

8/25

Steven S.

## Celebrate Friendship Day

In 1935 the first Sunday of August was proclaimed the first annual Friendship Day. **This year Friendship Day falls on Sunday, August 4th.**

This is a day for us to spend time with our friends and let them know how much they are loved and appreciated in our lives. Give them a call, send them an email, or write a heartfelt letter and let them know how much they mean to you.

# WiCAL

Wisconsin Center for Assisted Living

### Your Wellington Staff

Alicia J.	Care Coordinator
Daisy B.	Dietary
Stacy E.	RA/Days
Maggie R.	RA/Days
Alissa O.	RA/Days
Carmen F.	RA/Days
John W.	RA/Evenings
Ana G.	RA/NOC

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## Therapeutic Activities May Help Memory Loss Patients

Many people understand that FDA-approved prescription medication may help slow the progression of the memory loss, but did you know that caregivers can complement treatment with activities that may help reconnect their loved ones to daily life?

“In addition to obtaining a diagnosis and beginning medication, it’s important that caregivers plan activities to share with their loved one, like playing games and going on outings,” explained Eric Pfeiffer, M.D., Professor of Psychiatry and Founding Director of the Suncoast Gerontology Center at the University of South Florida Medical Center. “Even doing simple tasks like baking cookies or feeding pets can help to give a patient with memory loss a sense of self-esteem or self-worth.”

**According to research, engaging a person with memory loss in activities that they enjoy may reduce many of the symptoms such as agitation, frustration,**

**and wandering.** Activities should benefit both patient and caregiver, by providing an opportunity to spend quality time together to connect both mentally and physically. Activities can include:

- Playing music (patient’s choice)
- One-on-one interaction
- Playing videos of family members
- Walking and light exercise
- Pet therapy
- Baking or light cooking



### Home Health Available to Residents

We’ve teamed up with Transitions At Home for convenient, quality in-home medical care at Wellington Place. RNs, therapists and health aides provide quality care after surgery, illness or injury.

Transitions can provide care in your home too.  
Call for a free, in-home consultation.



TRANSITIONS  
AT HOME

262.723.2700 [TransitionsHealth.org](http://TransitionsHealth.org)

Serving southern & central WI. Transitions At Home is a non-profit WISH agency.

